

Recommendations for preparing a person for a session

Basis of impact

It is known that no cell in the body has mechanisms for interpreting information embedded in its DNA. Moreover, all cells of the same organism have identical DNA, but at the same time have a variety of functionality and their place, forming a common organ, its function and shape. Biochemical processes are partly responsible for establishing the roles of cells in the body, but resonant information emanating from surrounding cells has the greatest role. So, for example, skin cells located in the immediate vicinity of a healing wound tell new cells exactly what the new cover should be. Tiny damage to the skin is easily restored before the former relief is recreated, since the previous fingerprints are restored on the fingers. But the farther the distance, the less accurate the information. Violation of the skin with a distance between the edges of the wound of more than 1 cm practically has no chance of completely healing on its own, such wounds are sutured.

For correction of disorders of general nature and healing of volumetric disorders in tissues, in the process of organism healing, range of resonance information propagation coming from healthy cells is very important.

The characteristics of the energy resonating in DNA molecules have not been fully studied. The resonance frequency, given the microscopic distances between the components of this molecule, is certainly very large and lies in the frequency range near gamma radiation. But the exact frequencies are not yet known, as are their many harmonics at lower frequencies. Any resonant system is able to increase the amplitude of the pulse, independently extracting the desired harmonics from the noise containing them. So, for example, in white light there are all possible frequencies of electromagnetic oscillations in the range 390-790Thz (visible spectrum), a resonant system tuned to green light with a frequency 550Thz, will easily calculate this frequency and increase the amplitude of its oscillations.

So white noise, being a complex of different frequencies that uniformly fill the range, is the best source of support for the resonant system, whose frequency characteristics are hidden from us. The best thing a person can do to improve the volume of resonant information coming from healthy cells is to give energy to white noise. Healthy cells themselves will extract the necessary harmonics and will be able to increase the amplitude of a healthy signal.

The Lakhovsky multi-wave oscillator with multi-band dipole antennas, perturbed by the Tesla transformer, which generates high-frequency high-voltage noise, is an excellent source of powerful electromagnetic white noise of the widest range.

Use

The source of such electromagnetic radiation can be used to increase the productivity of healing damaged tissues in the body and to correct the fundamental processes of the body as a whole. For the effect of the apparatus on the body, it is enough to simply be next to the apparatus in any convenient position. But to improve efficiency, it is recommended to be between two antennas. Frequent and short sessions are recommended during positive progress.

Human training

In the event that a person has significant health problems, it is important to conduct sessions during positive progress. This will increase the rate of recovery.

Positive progress refers to improvement, both physiological and emotional. Important components of a constructive emotional state are the right mood for recovery, optimism, a state of happiness, gratitude, joy and the right settings of the subconscious that correctly motivates a person's consciousness and regulates his physiological state. The right mood before the sessions will be useful to everyone - not only recovering, but also completely healthy people.

It is recommended to do something pleasant that a person likes and improves his condition before sessions. It can be walking, eating delicious food, watching comedies, pleasant memories, a massage session, etc. There are no restrictions - which helps a person improve his mood and condition, then it is worth applying.

Just before the session, it is important to give the subconscious the right settings. Those who know how to meditate, start meditation during a session, immediately before which you say the right positive attitudes. The following is an example.

For those who do not know how to meditate, the recommendations are as follows:

Sharpen all your feelings. Look at your hands, try to consider the structure of the skin, see the smallest details, feel the texture of the skin or tissue under the hands with your fingertips. Listen to the sounds that come from the window, try to hear more and further. Smell the air that leaks through the window, taste this air.

All this is necessary in order to go into a world shaped by thought, while remembering and using the full depth of their real feelings.

Then tell yourself (think enough), for example, "I am filled with health energy, it fills me and treats me. Every second, every hour, my body becomes healthier and stronger. " There may be others, the main thing is to tune in to positive progress. Someone can say... " my head will enlighten, the mood will improve and I will feel truly happy! " You are free to come up with any positive attitude. Tell yourself the most important thing and necessarily - absolutely positive.

Immediately after installation, stop thinking using words. Word flow must stop. To do this, surprisingly, is very easy - just take your brain with feelings and sensations. While he is fully busy analyzing feelings, there will be no words. Use 6 senses: 5 physiological sensory (vision, hearing, touch, smell, taste) and 6 - a feeling of gratitude. For example, imagine yourself sitting on the seashore at the very edge of the water. Your hands touch the sand. Imagine how it is to touch, try to feel that it is wet, take a new handful in your hand and feel like a sand behind the sand it crumbles in the palm of your hand. Take a look at the rays of light reflecting from the waves at sea. Listen to the wind, feel how it trembles the hair, feel the sea breeze and the warmth of the sun on your skin. Do it at the same time, do not let go of any previous sensation. Catch the fresh smell of seawater... Constantly throw new feelings, running through the whole set of sensations, change circumstances and places. You can even fly over clouds, dive into the seas and just sit on top of the mountain, looking at the sun and feeling the cool stone on which you sit. The main thing is to constantly fantasize, use all the feelings. Try to feel all the details. Throughout the fantasy, remember gratitude, feel it with your whole soul. It is not necessary to be grateful to someone and for something, you can just feel gratitude for everything and everything. If this is difficult, be

grateful to yourself for this world, for the sensations, for the recovery that will definitely come. That's all! No matter how long it lasts, it's all your property. The longer your brain did not speak, the deeper the positive attitudes went into the subconscious. The more effective the correct mood of the body and louder the voice of healthy cells, which will strengthen the apparatus. Do not worry if words break through during meditation. It's okay, try the main thing and try to improve.

Repeat sessions for 5-10 minutes or at least for 1 minute - how much will happen. And as often as you think necessary, but recommended 1-2 times a day with a break of 1-2 days. The main thing is not to forget about the right mood. There is a good mood, sit down and consolidate the result.

Between sessions, it is recommended to give the device a rest, at least minutes 15-20. Enjoy yourself and always be healthy!